

SHEilds

Qualification Brochure








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ProQual

-  NVQ Level 3 Certificate in Health and Safety
-  NVQ Level 6 Diploma in Occupational Health and Safety
-  NVQ Level 7 in Strategic Health and Safety Leadership and Management
-  NVQ Level 2 Award in Mental Health First Aid
-  NVQ Level 2 Award in Youth Mental Health First Aid

PROQUAL QUALIFICATIONS



NVQ LEVEL 3 CERTIFICATE IN HEALTH AND SAFETY

Studying the NVQ Level 3 Certificate in Occupational Health and Safety, you will develop knowledge and practice the skills required to manage regular workplace duties and ongoings from an occupational health and safety perspective.

This qualification does not have any exams and is instead examined based on competency and evidence provided by the candidate.



This course has 310 hours of study time required.

This NVQ is typically completed within 10-12 months

24

You have access to this course for 24 months from the date of enrolment.



This course is aimed at mid-level managers, supervisors, and workers with health and safety responsibilities.

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Undertaken alongside existing daily duties the NVQ Level 3 tasks students with collecting evidence in support of their studies.

Candidates learn, develop and practice the required skills for progression within the Health and Safety industry, whilst continuing to manage their regular workload.

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Qualification



Completing the NVQ Level 3 Certificate in Occupational Health and Safety helps you to become a proficient safety professional. You'll master risk assessment, compliance, and accident prevention, ensuring workplace well-being.

With this qualification, you can lead safety initiatives, protect employees, and create secure environments for businesses and industries.

NVQ LEVEL 3 CERTIFICATE IN HEALTH AND SAFETY



Mandatory Units - Complete all units	
Syllabus Unit No.	Learning Outcomes
A/650/6127	Investigate and evaluate health and safety incidents and complaints in the workplace
Y/650/6126	Ensure responsibility for actions to reduce risks to health and safety
F/650/6129	Develop procedures to safely control work operations
F/601/9354	Monitor procedures to safely control work operations
F/601/6633	Promote a culture of health and safety in the workplace
H/601/6687	Conduct a health and safety risk assessment of the workplace

Optional Units - ONE unit only	
Syllabus Unit No.	Learning Outcome
D/650/6128	Make sure actions in the workplace aim to protect the environment
M/601/6837	Review health and safety procedures in the workplace
Y/601/6847	Supervise the health, safety and welfare of a learner in the workplace



NVQ LEVEL 6 DIPLOMA IN OCCUPATIONAL HEALTH AND SAFETY

Completing the NVQ Level 6 Diploma in Occupational Health and Safety equips individuals with advanced expertise in managing workplace safety. This qualification opens doors to roles such as senior safety consultants, safety managers, and compliance officers.

Graduates are empowered to create safer, healthier work environments and enhance organisational well-being.



This course has 1064 hours of study time required.

This NVQ is typically completed within 10-12 months

24

You have access to this diploma for 24 months from the date of enrolment.



This diploma is for those responsible for developing Health and Safety procedures within their workplace.

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The NVQ Level 6 Diploma in Occupational Health and Safety is aimed at those responsible for **developing day-to-day Health and Safety procedures** within their workplace and implementing them effectively.

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The NVQ Level 6 equips individuals with the knowledge and expertise to **effectively manage complex health and safety challenges** in diverse workplaces. It demonstrates a high level of competence, credibility, and commitment to safety, making holders highly sought-after in the job market.

This diploma provides the necessary skills to identify and address potential hazards, minimise risks, and ensure compliance with legal regulations. By completing this qualification, students can play a pivotal role in creating safer work environments.

NVQ LEVEL 6 DIPLOMA IN OCCUPATIONAL HEALTH AND SAFETY SYLLABUS



Syllabus Unit No.	Learning Outcome
D/616/9536	Promote a positive health and safety culture
F/616/9531	Develop and implement the health and safety policy
J/616/9532	Develop and implement effective communication systems for health and safety information
R/616/9534	Develop and maintain individual and organisational competence in health and safety matters
Y/616/9535	Identify, assess and control health and safety risks
H/616/9538	Develop and implement Proactive monitoring systems for health and safety
K/616/9538	Develop and implement reactive monitoring systems for health and safety
M/616/9539	Develop and implement health and safety emergency response systems and procedures
H/616/9540	Develop and implement health and safety review systems
K/616/9541	Maintain knowledge of improvements to influence health and safety practice



NVQ LEVEL 7 IN STRATEGIC HEALTH AND SAFETY LEADERSHIP

Achieving the NVQ Level 7 Diploma in Strategic Health and Safety Leadership signifies mastery in overseeing health and safety at an organisational level.

Graduates of this qualification are primed for executive roles like Chief Safety Officer, capable of devising and **implementing comprehensive safety strategies**.



This course has 500 hours of study time required.

This NVQ is typically completed within 10-12 months

24

You have access to this diploma for 24 months from the date of enrolment.



This diploma is intended for those who are in senior management positions involved in the occupational health and safety strategic planning.

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The NVQ Level 7 Diploma in strategic management is **designed to be taken by those in a senior management role** and who are involved with the organisation's occupational health and safety strategic planning, and those that are looking to expand maintain their expertise and skills.

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Qualification**

The NVQ Level 7 Diploma in Strategic Health & Safety is a crucial qualification for professionals aiming to excel in the field of health and safety management. This advanced certification equips individuals with a **deep understanding of strategic planning and risk management**, specifically tailored to the ever-changing challenges of the health and safety industry.

Employers value professionals holding the NVQ Level 7 in Strategic Health & Safety for their ability to lead safety initiatives, reduce incidents, and enhance overall organisational performance.

NVQ LEVEL 7 IN STRATEGIC HEALTH AND SAFETY LEADERSHIP SYLLABUS



Syllabus Unit No.	Learning Outcome
A/618/5596	Risk-based safety systems management
F/618/5597	Safety culture, sustainability and the global effect on performance
J/618/5598	Digital technologies and incident investigation
L/618/5599	Development as a strategic manager
J/506/2048	Establish business risk management processes



NVQ LEVEL 2 IN YOUTH MENTAL HEALTH FIRST AID

Completing the NVQ Level 2 Award in Youth Mental Health First Aid Awareness **equips you with essential skills to recognise and support individuals facing mental health challenges.**

This qualification enables you to provide vital assistance, promote well-being, and create a more compassionate and understanding environment in various settings.



This course has 20 hours of study time required.

This NVQ is typically completed within 1 month.

12

You have access to this course for 12 months from the date of enrolment.



This qualification is aimed at individuals working in all sectors.

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The NVQ Level 2 Award in Youth Mental Health First Aid Awareness course is tailored for those currently working in positions that deal with young people in the working environment.

This qualification is **highly beneficial for those who are responsible for the wellbeing of the young people within their organisation.**

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Qualification



The NVQ Level 2 Award in Youth Mental Health First Aid Awareness is completely evaluated by each candidates' competency.

Evidence of your competency is based on real world, on-the-job training. **You can even use your historic records as evidence to contribute towards your NVQ.** There are no exams within this qualification.

There are no geographical restrictions on who can take this course.

NVQ LEVEL 2 IN YOUTH MENTAL HEALTH FIRST AID AWARENESS



Learning Outcome	Assessment Criteria
Understand what is meant by youth mental health	1.1 Identify what is meant by the terms youth mental health and wellbeing. 1.2 Describe the aims of youth mental health first aid. 1.3 Describe why some young people with a mental health condition do not get the support they need.
Understand the relationship between mental health problems and adolescent development	2.1 Identify some of the risk factors that can increase a young person's risk of developing mental health problems. 2.2 Identify how mental health problems can affect adolescent development. 2.3 Identify risk factors that can worsen mental health problems in young people.
Understand common youth mental health conditions	3.1 Identify the main signs and symptoms of youth mental health disorders/ crises/ problems including: Depression, substance misuse, addiction-anxiety disorders, including generalised anxiety disorder (GAD), post traumatic stress disorder (PTSD) and obsessive compulsive disorder (OCD), self harm, suicide, eating disorders, psychotic disorders. 3.2 Identify risk factors for the mental health disorders/ crises / problems listed above.
Understand the roles of the youth mental health first aider	4.1 Identify the skills and strengths of a mental health first aider. 4.2 Identify common treatments and/ or interventions for managing youth mental ill health. 4.3 Identify how the youth mental health first aider can support young people showing signs or symptoms of mental health disorders or problems. 4.4 Identify sources of reliable information, support and guidance for youth mental health first aiders. 4.5 Identify examples of strategies that can reduce the risk of youth mental health issues arising.



NVQ LEVEL 2 IN MENTAL HEALTH FIRST AID

Completing the NVQ Level 2 Award in Mental Health First Aid Awareness **equips you with essential skills to recognise and support individuals facing mental health challenges.**

This qualification enables you to provide vital assistance, promote well-being, and create a more compassionate and understanding environment in various settings.



This course has 20 hours of study time required.

This NVQ is typically completed within 1 month.

12

You have access to this course for 12 months from the date of enrolment.



This qualification is aimed at individuals working in all sectors.

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The NVQ Level 2 Award in Mental Health First Aid Awareness course is tailored for those currently working in positions that deal with adults in the working environment.

This qualification is **highly beneficial for those who are responsible for the wellbeing of employees within your organisation.**

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Qualification



The NVQ Level 2 Award in Mental Health First Aid Awareness is completely evaluated by each candidates' competency.

Evidence of your competency is based on real world, on-the-job training. You can even use your historic records as evidence to contribute towards your NVQ. **There are no exams within this qualification.**

There are no geographical restrictions on who can take this course.

NVQ LEVEL 2 IN MENTAL HEALTH FIRST AID AWARENESS



Syllabus Unit No.	Learning Outcome
Understand what is meant by mental health	<p>1.1 Identify what is meant by the terms mental health and wellbeing. 1.2 Describe the aims of mental health first aid. 1.3 Describe how the actions of others can negatively affect individuals with a mental health condition. 1.4 Identify what is meant but the mental health continuum.</p>
Understand common mental health conditions	<p>2.1 Identify the main signs and symptoms of mental health disorders/ crises/ problems including: Depression, substance misuse, addiction, anxiety disorders, including stress, phobias, post traumatic stress disorder (PTSD), self harm, suicide, eating disorders, personality disorders, psychotic disorders. 2.2 Identify risk factors for the mental health disorders/ crises/ problems listed above.</p>
Understand the role of the mental health first aider	<p>3.1 Identify the skills and strengths of a mental health first aider. 3.2 Identify common treatments and/ or interventions for managing mental ill health. 3.3 Identify how the mental health first aider can support individuals showing signs or symptoms of mental health disorders or problems. 3.4 Identify sources of reliable information, support and guidance for mental health first aiders. 3.5 Identify examples of strategies that can reduce the risk of mental health issues arising.</p>

WHERE TO GO NEXT?



Diploma - The Pinnacle level of Occupational Health and Safety

Certificate - The best route to understand the fundamentals of Occupational Health and Safety

Award - To introduce you to the concepts of Occupational Health and Safety

Short Course - Used to gain awareness of the subject especially Occupational Health and Safety

At SHEilds we believe in making Health and Safety education as accessible as possible, that's why we thoroughly believe in Anytime, Anywhere learning. For more than 20 Years we continue to innovate, create and craft the best approach to learning. Via our eLearning platform we have helped over 1 Million students achieve their goals professionally within the realm of Occupational Health and Safety.

QUALIFICATIONS CROSS BOUNDARIES

RQF

8	Vocational, Technical and Professional Qualifications
7	Vocational, Technical and Professional Qualifications
6	Vocational, Technical and Professional Qualifications
5	Vocational, Technical and Professional Qualifications, Higher National Diploma
4	Vocational, Technical and Professional Qualifications, Higher National Certificate
3	Vocational, Technical and Professional Qualifications, GCE AS and A level
2	Vocational, Technical Qualifications, GCSE at grade A*-C and grade 9-4, Functional Skills, Essential Skills Qualification
1	Vocational, Technical Qualifications, GCSE at grade D-G and grade 3-1, Functional Skills, Essential Skills Qualifications
	Entry Level Certificate, Functional Skills, Essential Skills Qualification

SQF

12	Doctoral Degree, Professional Apprenticeship, Professional Development Award (PDA), Award
11	Master's Degree, Integrated Master's Degree, Postgraduate Diploma, Postgraduate Certificate, Professional Apprenticeship, Graduate Apprenticeship, PDA, SVQ, Award
10	Bachelor's Degree with Honours, Graduate Diploma, Graduate Certificate, Professional Apprenticeship, Graduate Apprenticeship, PDA, SVQ, Award
9	Bachelor's/ Ordinary Degree, Graduate Diploma, Graduate Certificate, Graduate Apprenticeship, Technical Apprenticeship, PDA, SVQ, Award
8	Higher National Diploma (HND), Diploma of Higher Education (DipHE), Technical Apprenticeship, Higher Apprenticeship, PDA, SVQ, Award
7	Higher National Certificate (HNC), Certificate of Higher Education (CertHE), Modern Apprenticeship, PDA, SVQ, Scottish Baccalaureate, Advanced Higher, Award
6	Higher, Modern Apprenticeship, Foundation Apprenticeship, National Progression Award (NPA), National Certificate, PDA, SVQ, Award
5	National 5, Modern Apprenticeship, SVQ, NPA, National Certificate, Award
4	National 4, SVQ, NPA, National Certificate, Award
3	National 3, NPA, National Certificate, Award
2	National 2, NPA, National Certificate, Award
1	National 1, Award

NQF

10	Doctoral Degree, Doctoral Degree (Professional)
9	Master's Degree, Master's Degree (Professional)
8	Occupational Certificate, Bachelor's Honours Degree, Postgraduate Diploma, Bachelor's Degree
7	Occupational Certificate, Bachelor's Degree, Advanced Diploma
6	Occupational Certificate, Diploma, Advanced Certificate
5	Occupational Certificate, Higher Certificate
4	Occupational Certificate, National Certificate
3	Occupational Certificate, Intermediate Certificate
2	Occupational Certificate, Elementary Certificate
1	Occupational Certificate, General Certificate

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Study Anytime, Anywhere



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United Kingdom - GB

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