



MANUAL HANDLING AWARENESS COURSE

At SHEilds, we understand that Manual Handling can be over looked, applying Health and Safety to tasks such as lifting may seem unnecessary. Many problems often go unreported to Health and Safety Offices as **many people are unaware of the severe risks of doing these tasks regularly.**



This course has 1 hour of study time required.

This course is typically completed within 1 day.

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You have access to this diploma for 6 months from the date of enrolment.



This Manual Handling Awareness course is suitable for those who work in labour intensive jobs or those who have to lift heavy objects regularly within their workplace.

The Manual Handling Awareness Course has been designed as a short course used to educate on proper lifting techniques. There are many areas to cover, however **this course makes it simple and manageable for users of all levels.**

This course explains the correct use of lifting and handling techniques. In addition to the understanding of weight limits and the types of injuries that can occur.

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View
Qualification

At SHEilds we noticed people are searching for Manual Handling Workplace Assessments. So, we created this course as it's been identified that **Manual Handling injuries are one of the most common injuries in health and safety.**

Within this online course, we provide manual handling training and awareness, and a certificate of completion when you have passed.